



North Carolina

- 100% of school districts are successfully serving healthy meals that meet strong nutrition standardsⁱ
- 19.8% of 10-17 year olds are overweight or obeseⁱⁱ
- 15% of 2-4 year olds in WIC are overweight or obeseⁱⁱⁱ
- 93% of school districts need at least one piece of equipment to better serve nutritious foods^{iv}
- 70% of districts need kitchen infrastructure changes in at least one school^v
- 561,631 students participated in school lunch program in 2020^{vi}
- 322,146 students participated in school breakfast program in 2020^{vii}
- In 2019 for 9th through 12th grades, 18.6% did not eat breakfast^{viii}
- In 2019 for 9th through 12th grades, 9.4% did not eat vegetables^{ix}
- For school year 2019-2020, 70.5% of eligible school districts and 70.9% of eligible schools adopted the Community Eligibility Program^x
- 62% of school districts are participating in farm-to-school activities^{xi}

ⁱ https://fns-prod.azureedge.net/sites/default/files/cn/SFAcert_FY16Q4.pdf

ⁱⁱ <https://stateofobesity.org/states/>

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^{iv} <https://www.pewtrusts.org/en/research-and-analysis/reports/2014/03/26/states-need-updated-school-kitchen-equipment-b>

^v Ibid

^{vi} <https://www.fns.usda.gov/pd/child-nutrition-tables>

^{vii} Ibid

^{viii} <https://nccd.cdc.gov/youthonline/App/QuestionsOrLocations.aspx?CategoryId=C05>

^{ix} Ibid

^x <https://frac.org/wp-content/uploads/CEP-Report-2020.pdf>

^{xi} <https://stateofchildhoodobesity.org/state-policy/policies/farmtoschool/>