

High Blood Pressure and Aging

New classifications mean more than three-fourths of adults over 65 could be diagnosed with high blood pressure. Experts say high BP is under recognized as a major contributor to premature disability and institutionalization.

20-44

Men 30 percent

Women 19 percent

45-54

Men 50 percent

Women 44 percent

55-64

Men 70 percent

Women 63 percent

65-74

Men 77 percent

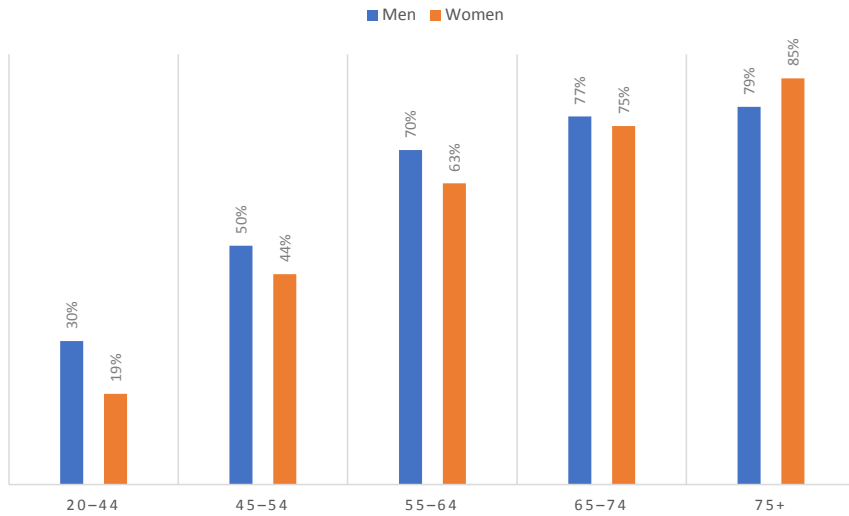
Women 75 percent

75+

Men 79 percent

Women 85 percent

HIGH BLOOD PRESSURE BY AGE GROUP



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Source: American Heart Association's journal *Hypertension*

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Commented [LS1]:
Table 7. Prevalence of Hypertension Based on 2 SBP/DBP Thresholds*†

Commented [SM2R1]: Agree, just make sure to appropriately cite this derivative graph from Table 7.